



Practise days and Location

SHM Therapy®

Dr Rita Csako

Registered Psychologist

M: 027 250 5656

Email: Rita@shm4u.com

Practise days and hours

Thursday	9:00 am – 6:00 pm
Friday	9:00 am – 5:00 pm

Location

The practice is located at 14 Cobblestone Lane, Hillcrest - this is a cul-de-sac that opens from Sylvia Road. You will see a white house with an SHM Therapy sign on it. You can park either on the driveway or in front of the house.

